

October-December 2018

Ndlovu Update

FESTIVE *Edition*

**Xmas Came Early
For Ndlovu Beneficiaries!**



**NDLOVU
CARE GROUP**



Ndlovu Care Group



@ndlovucaregroup

www.ndlovucaregroup.com

MESSAGE FROM THE CEO



A new dawn after a difficult period at Ndlovu Care Group asks for a new way to keep all our enthusiastic followers informed. A renewed Newsletter under the management from our new Marketing Manager Mpho Monnakgotla.

“Never waste a good crisis” and “some windows that close will open new doors” are sayings which are often used to soften pains of a loss but at Ndlovu Care group it sparkles at the moment and we are full with energy and initiatives to overcome the loss of our HIV treatment program.

The clinic is continuing as an extended Family Practice with HIV services included, all programs in the Child Care and Community Development section are thriving and for 2019 a few new programs are under development.

The Ndlovu Youth Choir is becoming a flagship which performs all over the show and even has three overseas trips planned for 2019. The remix of Ed Sheeran’s hit “Shape of You” has gone viral and has over seven million hits!! Enjoy all the news we try to relate to you.

Dr H Tempelman

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IT GIVES US GREAT PLEASURE TO OFFICIALLY INTRODUCE NEW STAFF MEMBER WHO JOINED NDLOVU CARE GROUP DURING THE OCTOBER - NOVEMBER PERIOD.



Pulane Mathebe

Lab Manager

Previous Occupation:
Lancet Laboratories - Senior Supervisor Medical Technologist

Thembelihle Gumede

QAQC Medical Technologist

Previous Occupation:
SAMRC - Chief Research Technologist



Mpho Monnakgotla

Marketing & Communications

Previous Occupation:
Social Development - Communications Officer

Ndivhuwo Mukomafhedzi

Research Manager

Previous Occupation:
WITS Health Consortium - Clinical HIV Researcher



In an effort to make Ndlovu Care Group more efficient, we welcome all our new staff members and hope to have a wonderful working experience with them.

DID YOU KNOW?



Cerebral palsy (CP) is a group of permanent movement disorders that appear in early childhood. Signs and symptoms vary among people. Often, symptoms include poor coordination, stiff muscles, weak muscles and tremors.

WORLD CP DAY CELEBRATION 2018

Every year the 5th of October is observed as World Cerebral Palsy day and to celebrate this special occasion, the team from Joris House held a workshop to educate parents and caregivers on what Cerebral Palsy is, its different types, what causes it and how to live with and treat people living with it.



Many topics were covered in the discussions, Ms Elaine Maluleke, a speech therapist from Philadelphia Hospital was also invited to share more information on proper feeding patterns and stimulating the mind of

someone living with cerebral palsy, while Mr Eric Nkoana, the in-house occupational therapist for Joris House held a practical workshop on interacting with and stimulating their bodies, he also stressed the importance of

parents accepting the condition of their children and preparing themselves both physically and emotionally to be able to deal with the pressures that come with such responsibilities.

THE NDLOVU YOUTH CHOIR

Making waves and winning hearts in 2018!

The Ndlovu Youth Choir is vibrant, exuberant and colourful, and delivers a toe-tapping and energetic South African musical performance irresistibly combined with mesmerising choreography. Founded in 2009, this exuberant group has toured southern Africa and Europe with their multi-sensorial performances to significant critical and audience acclaim. The Ndlovu Youth Choir is from a small town in Limpopo, but their talent is definitely unmatched!



On Friday, 05 October 2018 the Ndlovu Choir was featured on Jacaranda FM and performed a cover of Ed Sheeran's hit song "I'm in love with a shape of you". Their performance was so awesome that Martin Bester, the host of the breakfast show, decided to share a link of the performance on the radio station's website and challenged everyone to like and share it as many times as possible until Ed Sheeran invites the choir to do an opening act for him when he comes to perform in South Africa.

Be part of this amazing experience, watch the video, like and share it on your wall to help these outstanding young souls to share their God given talents with the rest of the world.

Video link: www.jacarandafm.com/breakfast-martin-bester/ndlovu-youth-choir-wows-isizulu-ed-sheeran-cover/

The Ndlovu Youth choir has also recently shot and released a music video of their own isiZulu rendition of Ed Sheeran's hit song "Shape of you" with a collaboration with world renowned Grammy award winning flautist Wouter Kellerman. The music video has had over 7 million views and the song has been entered into the Grammys.

visit our website to view the music video on:
www.ndlovucaregroup.com



Our South African national anthem, Nkosi Sikelel' iAfrika, was named the best national anthem in the world by The Economist. News24.com in partnership with OUTsurance have created the Anthem Project. An initiative to "unite the nation through song".

To listen to our version of the National Anthem simply visit the Ndlovu Youth Choir website at choir.africa

In 2018 we have performed to thousands, broadcast to millions and even broke the internet :-). We have collaborated with choirs from around the world and recorded and performed with Grammy Award winners. We have showcased our talents across the country and shared the stage with some of South Africa's finest artists.

Without our amazing supporters, sponsors, Ndlovu team, friends and family none of this would be possible. We love you and thank you all for your incredible support! #WeAreOnlyGettingStarted.



SELLO IS A LIVING EXAMPLE THAT HARD WORK PAYS OFF!

David Marige Moroko, also known as Sello, from Dennilton, 30 km away from Groblersdal in a village called Lenkwaneng, was raised by a single mother who works as domestic worker, Sello lost his father at the age of 6 and at the age of 9, when his mother had to look for a job out of town, Sello took care of his little brother with the help of family members while continuing with his schooling.

As a young man growing up without a father, this was not easy for him. Sello opened a barbershop at the age of 14 to help his mother take care of the family.

Sello grew up determined to change his life for the better, despite the challenges of his childhood and in 2014 he was one of the young people that were trained in kickboxing by the Ndlovu Care Group through the Tjommie Foundation. Since then, he has not looked back. Sello has learned about discipline through sports and his wish is to teach people the same as a fitness instructor, which he has been doing as a volunteer at the Ndlovu Fitness Centre in Elandsdoorn.

We are proud to announce that Ndlovu Care Group has sponsored Sello with his own gym, the Martial Fitness Centre which is located in Dennilton, just 10 minutes from Moutse Mall. This is clear evidence that hard work pays off. Now the community of Dennilton has access to

MARSHALL FITNESS CENTRE

AEROBICS
BOXING
WEIGHTS

JOINING FEE: **R100**
MONTHLY FEE: **R100**

Simply bring along your ID copy to join.
*The cost of 12 months will depend on gym.

NOW OPEN!!!

061 414 1535

084 470 2243 | Sello Moroko Mdeva | mdevasdumane601@gmail.com

a gym with one of the best gym members making the commitment to lead a healthy lifestyle, as the old saying goes "A healthy body, and hope to see many community a healthy mind".



CELEBRATING INTERNATIONAL DAY OF PEOPLE WITH DISABILITY



On the 5th of October 2018 Ndlovu Community Rehabilitation Centre for the Disabled hosted an event celebrating the International Day of People with Disability.

Since 1992, International Day of Persons with Disabilities (IDPD) has been annually observed on 3 December around the world. The theme for this year's IDPD is "Empowering persons with disabilities and ensuring inclusiveness and equality".

This theme focuses on the empowering persons with disabilities for the inclusive, equitable and sustainable development envisaged in the 2030 Agenda for Sustainable Development.

As part of our intervention programme for people with disability; Ndlovu Rehabilitation Centre for the disabled



also known as Joris House, hosted an event with the aim of spreading awareness on people with disability.

This is to ensure maximal level of independence and ensuring that at the end; they are active members of the society who are economically active. Ndlovu Rehabilitation Centre for the disabled programmes are focused on providing care not only to the children but to their caregivers through our bi-monthly caregiver practical trainings. Our intervention for the beneficiaries with physical disability includes individual, group therapy and outreaches where we focus on home adaptations to ensure accessibility in the home environment.



TJOMMIE BLESSES THE BLOEMPOORT COMMUNITY WITH A NETBALL COURT!



The 20th of October 2018 was a very auspicious day for the community of Bloempoot as it marked the official opening of the Bloempoot Netball Court which was sponsored by the Tjommie Foundation from Netherlands, an NPO which takes childhood development very serious.

The community attended the event in numbers to celebrate this fruitful contribution as now young girls from the area will have a proper and safe place to practice and play netball.

The day was fun-filled with loads of activities and we were also graced by the presence of the Chief of the area, whom thanked both Ndlovu Care Group and the Tjommie foundation for their undying commitment to the development of Bloempoot.

The netball court is an addition to the Soccer Court, Chill Hub, Nutritional Unit and Pre-School services which are already available at the Bloempoot Campus.



Diep in die Berg CHAMP throws Xmas Party for NCCP

It is not every child who has the privilege of celebrating Christmas, especially with the tough financial situations we are faced with but thanks to organizations like Diep in die Berg Conference and Function Centre CHAMP, the disadvantaged children of Sekhukhune were able to have a cheerful Christmas celebration once again this year. On Friday, 07 December 2018, Diep in die Berg Conference and Function Centre CHAMP threw their annual Christmas party for NCCP beneficiaries at the Ndlovu Miracle Theatre in Elandsdoorn.



The kids truly enjoyed this memorable event filled with fun activities from performances, face and hand painting to a great lunch and Christmas presents, all the children from

different Ndlovu child care programs prepared heart-warming performances for the CHAMPS. This year marks the 10th consecutive year that the event takes place and Ndlovu Care Group

presented a Thank You card to Diep in die Berg for their undying support throughout the past 10 years.



NDLOVU INTERNATIONAL STUDENTS PLAYED THEIR PART!

STIMULATING CHILDREN'S DEVELOPMENT WORKSHOP

Early Childhood Development (ECD) refers to the physical, cognitive, linguistic, and socio-emotional development of a child from the prenatal stage up to age eight, and involves a wide range of activities from child care and nutrition to parent education.

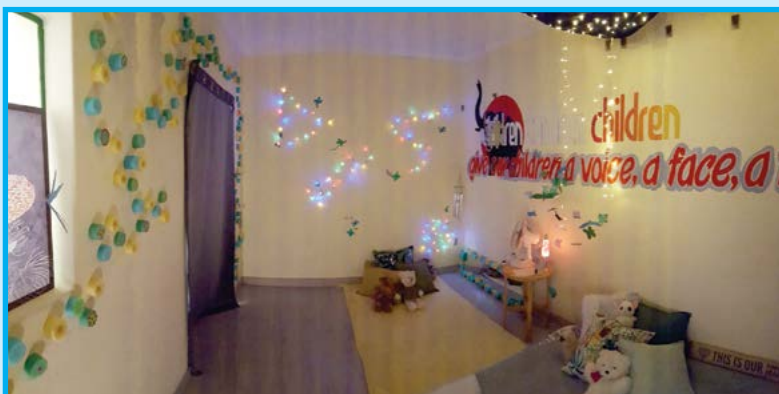
These early years of life are a window of opportunity to lay a strong foundation for a child's life. Proper health, nutrition, and early stimulation play a critical role for brain development and child well-being.

On the 12th December 2019 the international intern students at Ndlovu Care Group from Sweden, Germany and Netherlands held a



workshop for Ndlovu ECD Educators with the theme "Stimulating Children's Development". The workshop was focused on how to interact with children to make them confident enough

to participate and interact in the classroom; the workshop included a number of activities such as presentations, question and answer sessions and practical sessions.



SENSORY ROOM FOR JORIS HOUSE

A sensory room is a special room designed to develop a person's sense, usually through special lighting, music, and objects.

It can be used as a therapy for children with limited communication skills. Multi-sensory equipment is a vital and effective part in the treatment of sensory disorders with children and adults alike.

Sensory equipment can help develop key life skills including vocalization, gross motor skills, color recognition and tracking.

On the 20th of December 2018 the international intern students created a sensory room at Ndlovu's Community Disability Rehabilitation Centre to assist in stimulating the senses of children with Cerebral Palsy.

NCCP HARD AT WORK THIS FESTIVE SEASON!



The festive season is a time to be happy in celebration of the end of the year and the beginning of a new one with friends and family, but with the high rate of unemployment and poverty in our communities, it is not every household that has the privilege of catering for all these festivities. The Ndlovu Child Care Program identified

such families in the communities of Moutse, Dennilton, Bloempoot and surrounding areas and ensured that most of these households were able to celebrate the festive season without having to worry about fending for basic needs. This was achieved through the distribution of food parcels. Although this act does not entirely eradicate poverty, it definitely

brings ease to the affected families and helps them to focus on other meaningful things such as clothes, medical needs and school uniform.

All of the beneficiaries were so happy and thankful to Ndlovu Child Care workers and the Tjommie Foundation who funded this amazing project.





Happy New Year!

WISHING YOU A PROSEPRIOUS 2019.



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